



**EMBRACE
CHALLENGE
ACHIEVE**

Bramcote Swimming Club, Bramcote Leisure Centre, Derby Road
Nottingham, NG9 3GF

E-mail: secretary.bsc@hotmail.co.uk

www.swim-to-win.com

www.aquastarssynchro.com



Policy for Ill or Injured Swimmers

Subject to review and approval by the executive committee in June 2019

What should I do if my child is ill?

Subject to the policy below on vomiting diarrhoea and fever-

-AquaStars are encouraged to attend and participate as much as possible in all training sessions even if they are not fully able to take part in training

-Squad swimmers should attend only if they are fit to swim.

What should I do if my child has had vomiting, diarrhoea or fever?

Please do not send your child to training if:

- They have had diarrhoea or vomiting recently. They need to be symptom free for 48 hours before returning to training
- They have a suspected or confirmed viral or bacterial infection which has led to a high temperature, a skin rash or a productive cough

If you are at all unsure please contact the coaching team before training. Please see link below for general NHS guidance on when to keep a child off.

<http://www.parkroadcentre.co.uk/?p=255>

What should I do if my child is injured?

All swimmer injuries should be reported to the coach in line with the Swimmer's and Parent's Codes of Conduct.

Appropriate adjustments to training will be made where possible.

AquaStars who are injured or dealing with painful conditions that prevent them from swimming, are encouraged to attend training to support their team mates and learn by watching/participating much as possible.

PLEASE NOTE: a named contact must be available to collect swimmers at any time during training in the event of illness or injury.

Do I still have to pay subscriptions if my child misses training due to illness or injury?

Subscriptions are payable if your child has a short-term illness. If your child misses more than 4 weeks of training you can apply to our club treasurer for a payment holiday.

Can I get a refund of entry fees if my child misses a competition due to illness or injury?

Usually, if the withdrawal occurs before the closing date for entries, a refund will be made by the host club to Bramcote SC. This will be returned to the parent if/when it has been received from the host club.

If the withdrawal from a competition occurs after the closing date for entries, some hosts may still offer a discretionary refund for individual events if a doctor's certificate can be produced. Application for refunds should be made directly to the host club. Refunds will not be made for members of team entries.

