



**EMBRACE  
CHALLENGE  
ACHIEVE**

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[www.swim-to-win.com](http://www.swim-to-win.com)  
[www.aquastarsynchro.com](http://www.aquastarsynchro.com)



## Bramcote SC Open Meet 2017 (3EM171369)

### Qualifying Times

**Times are Short Course, age as at 26th November 2017  
(Long Course conversions accepted)**

<b>BOYS</b>	<b>NO QUICKER THAN</b>					
<b>Age group</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14/over</b>
<b>50m Free</b>	00:33.7	00:31.7	00:29.7	00:28.1	00:26.8	00:25.9
<b>50m Back</b>	00:39.3	00:36.3	00:34.4	00:32.5	00:30.8	00:29.8
<b>50m Breast</b>	00:44.0	00:42.4	00:38.9	00:36.2	00:34.5	00:33.5
<b>50m Butterfly</b>	00:38.5	00:35.4	00:33.3	00:30.9	00:29.4	00:28.6
<b>200 Free</b>	02:43.3	02:30.6	02:20.9	02:13.2	02:07.2	02:03.1
<b>200 IM</b>	03:06.3	02:50.5	02:40.6	02:32.0	02:24.7	02:20.7
<b>100m Free</b>		01:09.6	01:05.2	01:01.1	00:58.2	00:56.3
<b>100m Back</b>		01:18.6	01:14.0	01:09.2	01:06.0	01:03.5
<b>100m Breast</b>		01:32.4	01:25.4	01:19.6	01:15.6	01:12.2
<b>100m Butterfly</b>		01:21.4	01:14.3	01:09.6	01:05.4	01:03.4
<b>GIRLS</b>	<b>NO QUICKER THAN</b>					
<b>Age group</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14/over</b>
<b>50m Free</b>	00:34.4	00:32.0	00:30.1	00:29.0	00:28.4	00:28.3
<b>50m Back</b>	00:40.0	00:36.7	00:34.5	00:33.0	00:32.1	00:31.8
<b>50m Breast</b>	00:45.9	00:41.9	00:38.9	00:37.1	00:36.2	00:36.0
<b>50m Butterfly</b>	00:39.1	00:35.4	00:33.1	00:31.9	00:31.0	00:30.6
<b>200 Free</b>	02:46.1	02:31.7	02:21.6	02:16.3	02:12.4	02:11.3
<b>200 IM</b>	03:08.1	02:52.4	02:41.4	02:34.6	02:30.4	02:29.0
<b>100m Free</b>		01:10.2	01:05.6	01:02.9	01:01.0	01:00.8
<b>100m Back</b>		01:18.6	01:13.9	01:10.6	01:08.2	01:08.1
<b>100m Breast</b>		01:31.4	01:25.4	01:20.9	01:18.0	01:17.4
<b>100m Butterfly</b>		01:22.4	01:14.6	01:11.5	01:08.9	01:07.8

This meet is licenced at level 3 which means that times achieved will be forwarded to the ASA for inclusion in Rankings and will be accepted for entry into County and Regional Championships. We have therefore set the cut off times for this meet with this in mind. Times achieved in this meet will not be accepted for entry into National competitions. This is in line with the ASA recommendations for "Competition for All"



Bramcote Swimming Club Ltd is a private company limited by guarantee incorporated in England and Wales with company number 09600778 and its registered address is 15 Foster Avenue, Beeston, Nottingham, NG9 1AE.  
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