



# The Bramcote Open 2016

## Sunday 27<sup>th</sup> November 2016

---

### Schedule of Events

#### SESSION 1:

(Warm up: 8.30-8.55am Girls: 8.55am to 9.20am Boys)

1	Girls	9/over 50m Freestyle
2	Boys	10/over 100m Breaststroke
3	Girls	10/over 100m Butterfly
4	Boys	9/over 50m Backstroke
5	Girls	9/over 50m Butterfly
6	Boys	9/over 200m Freestyle
7	Girls	9/over 200m Individual Medley

#### SESSION 2:

(Warm up TBC)

8	Boys	9/over 50m Freestyle
9	Girls	10/over 100m Breaststroke
10	Boys	10/over 100m Butterfly
11	Girls	9/over 50m Backstroke
12	Boys	9/over 50m Butterfly
13	Girls	9/over 200m Freestyle
14	Boys	9/over 200m Individual Medley

#### SESSION 3:

(Warm up TBC)

15	Boys	10/over 100m Backstroke
16	Girls	9/over 50m Breaststroke
17	Boys	9/over 50m Breaststroke
18	Girls	10/over 100m Freestyle
19	Boys	10/over 100m Freestyle
20	Girls	10/over 100m Backstroke

Sessions 1 and 2 will be no longer than 2hr 45min. Session 3 will be no longer than 2hr. The total competition time will be a maximum of 7 ½ hr.