



The Bramcote Open 2015

Sunday 29th November 2015

GIRLS Qualifying Times

| Event | Age Group | No Slower Than | No Quicker Than |
|-----------------------|-----------|----------------|-----------------|
| 50 Freestyle | 9 to Open | 00:59.0 | 00:27.0 |
| 50 Fly | 9 | 01:05.0 | 00:42.0 |
| 50 Back Stroke | 9 | 01:10.0 | 00:38.0 |
| 50 Breast Stroke | 9 | 01:15.0 | 00:44.0 |
| 200m Freestyle | 9 | 04:00.0 | 02:50.0 |
| 200 Individual Medley | 9 | 04:30.0 | 03:13.0 |
| 50 Fly | 10 | 01:01.0 | 00:39.5 |
| 50 Back Stroke | 10 | 01:00.0 | 00:37.0 |
| 50 Breast Stroke | 10 | 01:10.0 | 00:42.0 |
| 200m Freestyle | 10 | 03:30.0 | 02:41.0 |
| 200 Individual Medley | 10 | 04:00.0 | 03:06.1 |
| 100 Freestyle | 11 | 01:35.0 | 01:08.0 |
| 100 Fly | 11 | 01:50.0 | 01:15.0 |
| 100 Back Stroke | 11 | 01:45.0 | 01:15.0 |
| 100 Breast Stroke | 11 | 01:55.0 | 01:25.0 |
| 200m Freestyle | 11 | 03:20.0 | 02:25.0 |
| 200 Individual Medley | 11 | 03:50.0 | 02:44.0 |
| 100 Freestyle | 12 | 01:30.0 | 01:05.5 |
| 100 Fly | 12 | 01:45.0 | 01:12.5 |
| 100 Back Stroke | 12 | 01:40.0 | 01:12.7 |
| 100 Breast Stroke | 12 | 01:50.0 | 01:22.0 |
| 200m Freestyle | 12 | 03:15.0 | 02:20.0 |
| 200 Individual Medley | 12 | 03:40.0 | 02:39.0 |
| 100 Freestyle | 13 | 01:28.0 | 01:03.0 |
| 100 Fly | 13 | 01:40.0 | 01:11.5 |
| 100 Back Stroke | 13 | 01:38.0 | 01:12.0 |
| 100 Breast Stroke | 13 | 01:48.0 | 01:20.5 |
| 200m Freestyle | 13 | 03:00.0 | 02:18.0 |
| 200 Individual Medley | 13 | 03:30.0 | 02:36.9 |
| 100 Freestyle | 14+ | 01:26.0 | 01:01.0 |
| 100 Fly | 14+ | 01:37.0 | 01:09.5 |
| 100 Back Stroke | 14+ | 01:35.0 | 01:09.9 |
| 100 Breast Stroke | 14+ | 01:45.0 | 01:19.0 |
| 200m Freestyle | 14+ | 02:55.0 | 02:12.0 |
| 200 Individual Medley | 14+ | 03:25.0 | 02:30.0 |

This meet is licenced at level 3 which means that times achieved will be forwarded to the ASA for inclusion in rankings and will be accepted for entry into County and Regional Championships. We have therefore set the cut off times for this meet with this in mind. Times achieved in this meet will not be accepted for entry into National competitions. This is in line with the ASA recommendations for "Competition for All"



Bramcote Swimming Club Ltd is a private company limited by guarantee incorporated in England and Wales with company number 09600778 and its registered address is 15 Foster Avenue, Beeston, Nottingham, NG9 1AE.