

## Bramcote Swimming Club Championships “Medley Skins” Event

1. The Medley Skins part of the Club Champs is not licenced but will be run under ASA Laws and Technical Rules.
2. The 6 fastest swimmers from the heats of the 200IM, in each of the 4 age groups below, will qualify for the “Medley Skins”. The 6 swimmers start in a continuous series of five 50m sprints, with the slowest swimmers being eliminated at the end of each round until only 2 remain. These 2 then go head to head in the final round to decide the winner. Races in each round will take place following an interval of 3 minutes from the start of the previous race and a verbal warning signal being given 15 seconds prior to the start of each round.
3. Skins competitions will be held for:
  - Skins a. Girls 11 years and under
  - Skins b. Boys 11 years and under
  - Skins c. Girls 12/13/14 years
  - Skins d. Boys 12/13/14 years
  - Skins e. Girls 15 years and over
  - Skins f. Boys 15 years and over
4. Events ‘Skins a’ and ‘Skins b’ will swim concurrently with a separation of 90 seconds between races. Events ‘Skins c’ and ‘Skins d’ will follow the same format. This will be followed by Skins ‘e’ and Skins ‘f’, also in the same format.
5. There will be cash prizes for the winner and runner up in each of the 6 skins events.
6. Finalists and reserves for the Medley skins events will be posted and announced following the end of the 200IM event. Finalists should report to the announcer’s desk within 10 minutes of the announcement should they wish to withdraw from the Medley Skins.
7. Lanes will be allocated on the basis of “spearheading” in accordance with FINA Swimming rules. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race. The remaining two swimmers will occupy the centre lanes, the fastest qualifier in Lane 3 and the other in Lane 4.
8. The stroke for each individual race will be by random draw from a choice of Frontcrawl, Breaststroke, Butterfly and Backstroke. The draw for the stroke to be contested in the first round will be undertaken by a person to be nominated by the meet promoter. Draws for subsequent rounds will be by the swimmer eliminated from the previous round. If more than one swimmer is eliminated in a round, the draw will be by the first swimmer eliminated, or by decision of the Referee if eliminated at the same time.
9. The first race in each Event will commence in accordance with ASA Technical Rules governing the Start of the selected stroke. Each race shall be over a distance of 50m.
10. Subsequent rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous Start. Swimmers will be responsible to be at the start block for the time of their heat, **swimmers will not be reinstated if they miss their heat**. The starter will give a verbal 15 second warning. Competitors feet, or hands in the case of Backstroke must be in contact with the Starting Platform or Grips when the Start Signal is given. For Backstroke rounds competitors will start in the water with both hands holding the starting grips. For forward starts swimmers are required to have at least one foot at the front of the Starting Platform. If any swimmer starts before the starting signal is given or is moving at the start they **will** be disqualified (There will be NO STANDDOWN the race **will** start on the starting signal at the given time).

- 11.** In all races swimmers are required to comply with the FINA Swimming Rules regarding Stroke and Finish conditions. Failure to do so will lead to elimination by disqualification.
- 12.** The slowest competitor in each round shall be eliminated unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.
- 13.** In the case of more than one swimmer being disqualified, all affected swimmers are eliminated.
- 14.** Determination of the slowest swimmer will be by the Referee utilising either manual timekeeping or manual Finish Judges, in accordance with ASA Technical Rules governing placing.
- 15.** In the case of a dead heat, all affected swimmers will progress to the next round and then two or more swimmers will be eliminated from the next round (depending on how many swimmers were in a dead heat in the previous round).
- 16.** Times achieved by swimmers will not be used for any other purpose (including entry on Rankings, Club database or for FINA points in the Club Champs).
- 17.** Should for any reason the competition have to be halted before its conclusion it shall restart with a re-swim of the round halted, or subsequent round if halted following the correct completion of a round. The Start of the recommencement of the competition will be in accordance with the ASA Technical Rules of the relevant stroke.
- 18.** In the case of a dead heat in the final race, the race will be declared a tie, and the prize money will be divided equally between the two remaining swimmers.
- 19.** If any issue arises not covered by the above then that issue will be determined by the meet promoters.